

# Courageous Leadership Training: Leadership and Facilitation



# Courageous Leadership + Training (in your circles)

- 1) Trust the Process
- 2) Tune in and Listen
- 3) Be ALL in!
- 4) Connect
- 5) Take courageous action
- 6) Believe
- 7) This is a sacred space

# COURAGE Coaching + Support

- Listen for the emotion
- Go Deeper for the truth
- Ask questions to help them reflect
- Get to the root fear or block, understand WHY that fear is there
- Guide them to seeing this is not their truth
- Help them re-frame and find their new truth
- Invite all in the circle to support

# COURAGEOUS Conversations

- Get clear on WHY
- Get COOL
- Get Perspective
- Get clear on your truth
- Get Courageous and Speak Up

**Time to take courageous  
action:**

**In the FB group share one  
FEAR you are looking to  
overcome and let's  
support each other in  
reframing and finding a  
new truth and  
perspective use the  
hashtags: #hellomyfearis**



# Lead in Your Way

- 1) Understand WHO you are and your gifts and strengths (your application)
- 2) Show up and be courageous
- 3) Share your journey and be an example of Courageous Leadership
- 4) Be active in the Global community as a leader + member, add your experience and support others, #storiesofcourage
- 5) Global vs Leader Group...

# Courageous Circle Leadership

- Understand WHO you are and your gifts and strengths
- Make every member feel seen and heard
- Listen
- Create a Sense of Belonging
- Communicate Clearly
- Support them in reaching goals and getting results
- Check in with your members often
- Care deeply for them
- Show them how far they have come
- Celebrate them

# New Courage Curriculum

## The Courageous Creators Journey

### Month 1: Soul Restore

This month we are diving into your truth at the core level and exploring what you need to release, heal or let go of in order to fully show up and shine as the beautiful creative woman you were always meant to be!

### Month 2: Vision Quest

This month we will get clear on your big vision and the mission you are here to carry out into the world. You have a call and now it is time to heed it! This month will have you dreaming big, tuning in, getting creative to release that grand vision that you have been called to create in the world.

### Month 3: Beyond Fear

This month is all about digging deep and uncovering the root fears that are keeping you from truly stepping out into the world to share your big bold work and leave your mark. Fear can take many shapes and forms and we will get clear on how you are staying comfortable, not living full out, or playing small and then get clear on how to move beyond fear and into courage in all areas of your life.

# New Courage Curriculum

## **Month 4: North Star**

This month we will get clear on your story and how your life experience is exactly what you needed in order to create and lead your own revolution and help others in the way only you can. You will gain massive clarity on your story, your message and how to share it in a powerful way with the world.

## **Month 5: Movement Manifesto**

This month we will combine all the work up until this point and take all the clarity and courage to combine into a powerful manifesto that will ignite your movement and help the world know exactly what you stand for!

## **Month 6: Shine Bright**

This month is all about visibility and helping you to SHINE and start making a bigger impact through your work. We will dive into being visible online and live in ways that light you up and attract your one!

# New Courage Curriculum

## The Movement Makers Roadmap

### Month 7: Courageous Leadership

This month will help you get clear on the type of leader you naturally are and how you can show up in the world in a powerfully authentic way. You will define how you need to be supported, what kind of movement maker you want to be and how to best lead your movement.

### Month 8: Create Your Movement

This month is all about getting super clear on what you are creating, who you are serving, what your brand identity is, your messaging and how to attract your tribe to build your movement! We will also start to build your offerings, programs and ways you will serve your community.

### Month 9: Aligned Abundance

This month is all about creating aligned abundance and keeping aligned to your big vision and movement. You will get clear on your Sacred Money Archetype while knowing how to create abundance in your life and business. Alignment is key to abundance and I will show you how to get aligned and continue to re-align along the way. You will continue to create aligned products and offerings.

# New Courage Curriculum

## **Month 10: Ignite Your Movement**

This month is all about igniting the movement through visibility, connection and value. We will dive into speaking, writing, book creation and next level visibility strategies to truly ignite your movement.

## **Month 11: Mobilize Your Movement**

This month is all about mobilizing the movement through community building, deeper connections and empowering others to help carry your work out into the world and be a part of the movement in a bigger way. We will also explore events, help you know which type of event you want to create and how to start bringing your community together.

## **Month 12: Elevate Your Movement**

This month is all about elevating the movement. We will dive into out of the box ideas for projects, campaigns, ways to give back and deepening the work you do to create a lasting legacy. We will also dive into creating relationships with influencers, PR and media as well as specific ways to raise the profile of your work. More people reached = greater impact so let's get you out there in a much bigger way!

# Courage Circle Leader Roles and Responsibilities and Courage Circle Framework

- See the Leader Manual...
- Homework... once groups are posted LEAD a circle with other leaders